City of Syracuse Department of Parks, Recreation and Youth Programs
Lifeguard Employment Evaluation 2011

MINIMUM QUALIFICATIONS **Limit of 20 candidates per test.**

1. 15 years of age
2. Current Lifeguarding/First Aid and CPR Professional Rescuer certifications
3. Current WSI certification (for instructors, Head and Assistant Head Lifeguards)
4. Working Papers (17 years and younger)

Please register prior to chosen test date. Walk-ins accepted on a first come-first serve basis.

Saturday	November 27	9:00 am
Sunday	December 26	9:00 am
Saturday	January 8	4:30 pm
Saturday	February 26	4:30 pm
Sunday	March 20	9:00 am
Saturday	April 23	9:00 am
Sunday	May 8	9:00 am
Sunday	May 15	9:00 am
Saturday	May 28	3:00 pm

All screenings will take place at:

<u>VALLEY POOL</u>
Amidon Dr. Behind Clary Middle School
Please complete the bottom portion and return to:
Syracuse Parks, Recreation & Youth Programs
C/O AQUATICS OFFICE
412 SPENCER STREET
SYRACUSE, NEW YORK 13204-1390

The evaluation consists of a practical test covering the candidate's Lifeguard and CPR skills. The candidate must meet proficiency standards in each event and achieve an overall minimum score to be eligible for hiring consideration. **Hiring priority is given to City Residents.** Results are valid for one (1) year.

<u>CPR SKILLS:</u> Each candidate should bring their own pocket mask or one-way valve. Perform appropriate care on a victim who is unresponsive (situation cues from tester).

<u>WATER SAFETY SKILLS:</u>

<u>200 Yard Swim:</u> Eight(8) lengths of the pool. Front crawl or breaststroke only. Goggles may be worn.
<u>Spinal Injury Management:</u> Perform a spinal injury rescue on a simulated victim in shallow water.
<u>Active Victim Rear Approach:</u> Enter the pool and perform a rescue on an active victim in deep water, return to starting wall.
<u>Submerged Victim Rescue:</u> Using an in-water start at the shallow end, approach a victim, rescue and secure them on a rescue tube, return to the starting wall.

**Optional water skills test for returning guards of 4 or more years includes; 200 yard swim and a 25 yard sprint on the rescue tube, 25 yard return swim, trailing the tube, to a submerged victim, rescue victim onto tube and secure at the closest wall.

TO RECEIVE MORE INFORMATION, CONTACT THE AQUATICS OFFICE AT 473-4330 x3025

^^^

Name ____ **Test Date**______________________

Address_______________________________________ **Phone #**______________________

City ____ **Zip** ____________

New Applicant _____ ****Returning Guard** _____ **1-3 years** _____**4 or more years**